

The Dancing Moon

July, 2011



Photo by Lady Catin of Edington

At Lilies:

A Laurel in the Making!

Vivat, Baron Jon!

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Catapult at the Tower of London
From Lady Cadlae and Lord Argyle's trip to Great Britain

Photo by Lady Cadlae Locha Erne

Art, Article and Photo Credits

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Local Announcements

The date for the shire picnic will be decided at the July business meeting.

Don't forget to attend the July 22 demo at Rolla Fairgrounds. Contact Lady Aesa for details.

If you find an error that needs correcting in the shire newsletter or the shire website, please let your webminister/chronicler know ASAP.

Submit August announcements to the Chronicler

Selections From the World Wide Magical Library of All Knowledge

By

Lady Dulcibella de Chateaurien

Doing effective research for projects or just for the pleasure of knowing requires accessible primary sources and quality secondary scholarly research presentations from reputable sources. For many, finding these can be a daunting and expensive task, but it doesn't have to be. The Internet can provide a wealth of serious, reputable, scholarly research sources at no cost. Researchers just need to know how to recognize solid scholarly sources and where to look for them.

Primary sources are always a good place to start. You can recognize primary sources by checking the date (at least the year) in which a source was written. Learning something of the culture, and history of the author, era, of the piece and the place in which it was created will give researchers greater insight into the reliability as well as the biases of the original author and his or her work.

Secondary scholarly sources should include in-text citations or footnote annotations, possibly a notes section, and a bibliography or works cited page. If possible, track down some sources in the bibliography and read them too. Familiarize yourself with primary sources whenever possible so that you can compare your knowledge to the writer's knowledge. Don't be afraid to compare and contrast sources. If you read a scholarly source and see what you believe to be glaring errors in the research, don't use it.

The World Wide Web is usually, for good or ill, the first place most people, Scadians included, turn these days for research and information on just about anything. However, most people just search for websites and overlook the vast number of fine sources available through on-line databases. Many of these are free and are well worth exploring.

Project Gutenberg, http://www.gutenberg.org/wiki/Main_Page is a good place to start for online research materials. You will find texts dating back to Roman times posted on this site with search fields on both the main and inner pages of the site that allow one to narrow and refine searches. The texts are electronic, of course, and some people may find that problematical, but some texts are so rare or fragile that they probably will never be available to the general public in any other format. E-texts are offered in .html (for reading online or saving as a web page on your computer), .pdf, .epub, (Nook, Adobe readers), Kindle format, .txt (plain text), .mp3, Ogg Vorbis, Apple itunes, and Speex (audio book formats), as well as several other lesser known formats. Readers often have a choice of downloading books with or without images. Not all books are available in all formats.

This segment will, hopefully, become a monthly column, listing and discussing some of these databases and the individual resources they offer. This month, we will look at sources for period cookbooks that may be downloaded electronically from Gutenberg and other sources.

Because much of what has come down to us of cookery from the medieval period was first published in popular form in the 17th century, I m including works through 1699. Among the medieval period cooking texts that Gutenberg offers are the following:

The Forme of Cury. According to the frontis page, this cookbook was “compiled, about A.D. 1390, by the Master-Cooks of King RICHARD II, Presented afterwards to Queen ELIZABETH, by EDWARD Lord STAFFORD, And now in the Possession of GUSTAVUS BRANDER, Esq.” Brander owned the manuscript at the time of the publication of this edition around 1780.

<http://www.gutenberg.org/ebooks/8102>

Le Viandier de Taillevent by Taillevent. ca. 1315-1395. This medieval cookbook is, alas, only available in the original French on the Gutenberg site (<http://www.gutenberg.org/ebooks/26567>). However, a free English translation is available at <http://www.telusplanet.net/public/prescotj/data/viandier/viandier1.html>.

The Closet of Sir Kenelm Digby Knight Opened by Sir Kenelm Digby, Edited by Anne MacDonell, published in London in 1910. Although this book is slightly out of the scope of the SCA period, having been written in the late 1660s, anyone who knows the nature of recipes and cooking will know that its contents draws from earlier periods, which puts the reader squarely in the Society's timespan.
<http://www.gutenberg.org/ebooks/16441>

Accomplisht Cook, OR THE ART & MYSTERY OF COOKERY by Robert May. Like Digby's book, this book is slightly outside our time period because of its 1685 publication date, but its proximity to the SCA timespan still offers insights into early period cooking. This book appears to be a transcription or scan from the original work, not a modern edition of an early work. <http://www.gutenberg.org/ebooks/22790>

The Compleat Cook Expertly Prescribing The Most Ready Wayes, Whether Italian, Spanish Or French, For Dressing Of Flesh And Fish, Ordering Of Sauces Or Making Of Pastry by Anonymous, given as "W. M." Again, we have a source that is slightly out of period, having been published in 1658, but, again, it still has some value for the period we are studying. <http://www.gutenberg.org/ebooks/10520>

The Queen-like Closet or Rich Cabinet Stored With All Manner Of Rare Receipts For Preserving, Candyng And Cookery. Very Pleasant And Beneficial To All Ingenious Persons Of The Female Sex by Hannah Wolley. Published in 1672.
<http://www.gutenberg.org/ebooks/14377>

A Queens Delight: The Art of Preserving, Conserving and Candyng. As also, A right Knowledge of making Perfumes, and Distilling the most Excellent Waters by Anonymous, given as "W. M." Published in 1671.
<http://www.gutenberg.org/ebooks/15019>

Some cookbooks on offer from earlier than our period:

Apicius de re Coquinaria or *Cooking and Dining in Imperial Rome* by Apicius. This text is an English translation by Joseph Dommers Vehling, published in 1926. The preface list three Latin editions of the book as original sources: "Albanus Torinus, 1541, who had for his authority a codex he found on the island of Megalona,...the editions of Marti nus Lister, 1705-9, who based his work upon that of Humelbergius, 1542, and the Giarratano-Vollmer edition, 1922. <http://www.gutenberg.org/ebooks/29728>

More contemporary resources include:

Old Cookery Books and Ancient Cuisine by William Carew Hazlitt. Originally published in the late nineteenth/early twentieth century, this edition was published in London in 1902.
<http://www.gutenberg.org/ebooks/12293>

Early English Meals and Manners, A compendium by various scholarly authors, edited by Frederick Furnivall. Published in 1868 and reprinted with corrections in 1898 and 1904. It offers an overview of dining and life within the upper and servant classes of medieval England. Very scholarly for the nineteenth century.
<http://www.gutenberg.org/ebooks/24790>

I have only dealt with ebooks in this article, but in addition to primary sources like *The Forme of Cury* and secondary book-length sources, there are many scholarly papers and websites that can be used to document any project. They are merely awaiting the discovery of the diligent researcher. Next month, I will offer free scholarly sources on brewing.



A Lilies Wedding



Lady Sciath and John chillin' in camp.

Photos by Lady Catin of Edington



**Mistress Rose Runs Children's Activities at
Chirurgeon's Point**



**Lord Thomas and his Boar's Head for
the Made-On-Site Competition**



Lord James and Lady Aesa Partyin' and Waitin' for the Fireworks

Photo by Lady Catin of Edington



His Lordship Paul and Lady Dulcibella doin' the same!
(Note Lord Kristoph the Camera-Shy!)

Photo by Lady Catin of Edington



Mistress Rose Takes a Protegee.

Photo by Lady Nest ffynnon



Photo by Lady Catin of Edington



A Fashionable Gentleman!
Lord Gaston in all his Garbed Glory!

Photos by Lady Nest ffynnon



Calendar

July 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 4 PM: Archery Practice Beaver Creek Conservation Area	4 Happy Fourth of July!	5 6:45 PM: Weekly Meeting Project Night Newburg United Methodist Church, Newburg, Mo.	6	7	8	9 3 PM: Fighter Practices at Lord James Inn Danski's House
10 4 PM: Archery Practice Beaver Creek Conservation Area	11	12 6:45 PM: Weekly Business Meeting Newburg United Methodist Church, Newburg, Mo.	13	14	15	16 3 PM: Fighter Practices at Lord James Inn Danski's House
17 4 PM: Archery Practice Beaver Creek Conservation Area	18	19 6:45 PM: Weekly Meeting Project Night Newburg United Methodist Church, Newburg, Mo.	19	21	22	23 Rolla Fairgrounds Demo
24 4 PM: Archery Practice Beaver Creek Conservation Area	25	26 6:45 PM: Weekly A&S Meeting Newburg United Methodist Church, Newburg, Mo.	27	28	29	30
31 4 PM: Archery Practice Beaver Creek Conservation Area						

Officers of the Shire

Seneschal

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Lady Aesa in Kyrra. *Carol Tracy Thorsen; 13951*
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Archery Marshal

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Minister of Youth

OPEN! *There are many requirements for this office. Contact*
Kingdom MoY for complete information.

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Sunrise Before Battle

Photo by Lady Dulcibella de Chateaurien

List of Events

3	Jul	4 pm	Archery Practice
5	Jul	6:45 pm	Shire Meeting-- Project Night
9	Jul	3 PM	Fighter Practice
10	Jul	4 pm	Archery Practice
12	Jul	6:45 pm	Shire Business Meeting
16	Jul	3 PM	Fighter Practice
17	Jul	4 pm	Archery Practice
19	Jul	6:45 pm	Shire Meeting-- Project Night
22-24	Jul		Rolla Fairgrounds Demo
24	Jul	4 pm	Archery Practice
26	Jul	6:45 pm	Shire Meeting—Arts and Sciences Class
31	Jul	4 pm	Archery Practice

Driving Directions

Calendar

Archery Practice: Beaver Creek Conservation Area: No Crossbows. No Archery in freezing temperatures (32° F). From Rolla, take Highway 63 south for several miles. The range gate will be on your left, immediately across the highway from the VFW post. Drive through the gate to the top of the hill, park and take the line!

Shire Meetings: Newburg United Methodist Church: Take I-44 to the Newburg Exit. Turn south. The church will be on your right, a little past the patrol car waiting at the bottom of the hill to catch all of you scoff-law speeders.

St Robert Community Center: Take I-44 to Exit 161. Turn towards Ft Wood (South). Immediately south of the highway, turn right. Take a quick left through the median and continue towards the Skate Board park. The Center is the big building near the radio tower.

Website: <http://www.shireofcalanaisnuadh.org>

Chat group: <http://groups.yahoo.com/group/calanaisnuadh/>

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Email: Free to anyone on request from: Lucy E. Zahnle at adler@fidnet.com

Electronic copies are also available on the Shire website a few days after the email version. Hard Copies are free to the first ten people who ask for one at the Shire Business Meeting. First Come, First Served.

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