



The Dancing Moon

June 2024

Being the official newsletter of
the Shire of Calanais Nuadh in the Kingdom of Calontir,
a branch of the Society for Creative Anachronism, Inc.

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- And More!



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Chatelaine: Position Open

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Calanais Nuadh Online:

Website: <https://www.shireofcalanaisnuadh.org/>

Facebook Page: <https://www.facebook.com/ShireOfCalanaisNuadh/>

Facebook Group: <https://www.facebook.com/groups/ShireCalanaisNuadh/>

Submissions:

The Dancing Moon is published monthly. Submissions are due on the Second Monday of each month for publication on the Last Monday of that month. Please submit your items to the Shire Chronicler by email or post, or in writing at a Calanais Nuadh meeting.

Submissions may be edited, delayed, or declined by the Chronicler.

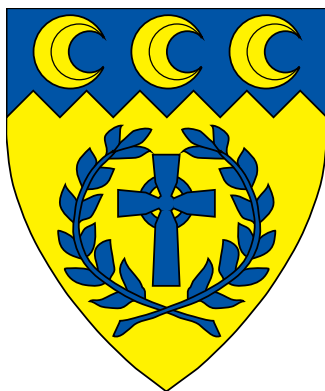
Signed release forms may be required for publication.

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The Dancing Moon is available from Hildegard the Clever, mka Laura Gilkey, by email: CalanaisNuadhChronicler@gmail.com, or by post: 12249 Hwy KK, Crocker, MO 65452.

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This Month's Cover

Her Royal Majesty Adalyde Heloyz la Cantora speaks to our own Debora de Ffroggenhole at court at Queen's Prize, April 6th, 2024. Queen's Prize was Debora's first SCA event, and she entered the shirt and vest she wears in the photo as an embroidery sampler. In recognition of this willingness to jump right in, Her Majesty granted Debora an Award of Arms – the fastest Award of Arms we can recall!

Calanais Nuadh Upcoming Meetings

For the latest on upcoming meetings, join us on Facebook: see inside front cover.

The Shire of Calanais Nuadh meets on most Monday evenings at St. Robert Bellarmine Catholic Church in the Fellowship Hall, 367 Old Route 66 in St. Robert, Missouri.

Doors open around 6:30 pm; meeting begins at 7 pm. Garb optional.

June 3rd: No Meeting (Lilies War)

June 10th: No Meeting (Lilies War)

June 17th: No Meeting (recovery from Lilies War)

June 24th: Class Night: Period Fibers in Thrift
Stores with Hildegard the Clever

Archery Practice

Our Archery Practices are held some Sunday afternoons at the Beaver Creek Conservation Area on US-63 in Rolla, Missouri. There is a driveway across from the VFW Post which leads to the archery range.

Watch for updates on our Facebook or contact our Seneschal, Catin of Edington.

Fighter Practice

For information on Fighter Practices, contact our Knights Marshal, James Inn Danski.

Event Steward and Feast Steward Needed!

See the May Business meeting Report, page 4.

From the Chronicler, with Call for Recipes

Welcome to a new phase of The Dancing Moon! I'm your new shire chronicler, Hildegard the Clever.

To introduce myself: I joined Calanais Nuadh – and the SCA – about a year ago now, and I'm grateful for our shire's warm welcome! I like Arts & Science projects (especially textiles, calligraphy, and wood), classes, research, and some casual archery. You may also hear me dabbling in voice heraldry. I'm not so much into combat, camping, or summer weather, so I may not be quite so good at covering Wars and such.

But I want to make this newsletter reflect our whole shire, not just my own interests, and for that, I need your help. Please send me articles, photos, and artwork!

I have too many ideas of what you could send to ask for them all at once, so...

My submission request this month is: Recipes! I have a notion of running a monthly recipe, and local favorites are first choice!

Now, I mean “recipes” pretty broadly. This could include:

- Unredacted translations of period recipes.
- Redactions of period recipes (that is, adaptations for modern use).
- Recipes that aren't necessarily period but fit within SCA culture.
- Recipes for non-food items: ink, glue, armor polish, etc.
- Joke recipes. They had them in period!

Do note that, as chronicler, I have a duty to defend some walls of legality and courtesy, so I will need you to own the rights to anything you submit, *or* provide the permission or contact information of whoever does, *or* demonstrate that the material is in the public domain.

Speaking of the public domain, this month's recipe is from an old translation of Apicius, a cookbook from the late Roman Empire. The Roman reputation for “decadence” isn't entirely fair, but this recipe won't help you convince anyone of that! Find it on page 7.

May Business Meeting Report

On May 13th, we gathered for our monthly potluck and business meeting. It was an “eventful” discussion!

Our Exchequer, Margery, reported no new activity and an account balance of \$2,749.89.

Our Knights Marshal and Archery Marshal's respective practices are gearing back up for the year, although we will be taking a break from archery practices soon for Memorial Day and Lilies War.

We tentatively scheduled our Annual Shire Picnic for the weekend before Labor Day, August 24th or 25th.

We also revisited the idea of holding a second event next year in addition to Autumn Arrows and settled on trying to host a RUSH event (a class-focused event under the umbrella of our Kingdom's Royal University of Scir Hafoc) on March 29th, 2025. Our Seneschal, Catin, will check with the venue and with the Kingdom Reeve whether that date is available.

Closer at hand, we discussed our traditional annual event, Autumn Arrows. Our location and date are already set: October 4th-6th at the Shriner's Club as usual. We plan to feature an archery tournament, donation inn for lunch and feast for supper, the annual shire auction, and Arts & Sciences. Disa tentatively volunteered as Archery Marshal for the event, Alan as Thrown Weapons Marshal. Thomas and Catin volunteered to run the Inn, and Dulcie to run the Arts & Sciences and Merchant areas. We still need an Event Steward and a Feast Steward.

And Hildegard (that's me!) volunteered and was accepted as shire Chronicler.

We will not hold a business meeting in June due to Lilies War, so our next business meeting will be July 8th.

Complete meeting minutes are available in the files of our Facebook Group or on request from the Chronicler; see inside front cover.

A Beginner's Guide to Lilies War with the Calanais Nuadh Camp

Her Ladyship Catin of Edington

Greetings from your Lilies Calanais Camp Momma! For those interested how to camp at Lilies and specifically how to camp with Calanais, I'm here to share the basics.

There are two parts to signing up to camp with Calanais: your camping setup and whether you want to be part of the meal plan. We'll talk about the meal plan first.

Traditionally we have camped as a group and shared two meals a day, breakfast and supper on most days of Lilies. Everyone is on their own for lunch. Usually each person will cook one meal for the whole group and then be able to eat the rest of the days. Occasionally a camper who doesn't cook can join the meal plan in exchange for doing dishes and other camp chores such as refilling water jugs and taking out trash. The meals don't have to be period or complicated, we've had everything from sandwiches and chips to spaghetti to Low Country Boil! There will be a camp kitchen set up with a three burner gas stove, Blackstone Griddle, prep table and dishwashing station. There are some cooking and prep supplies available but if you have a favorite skillet or knife you might want to bring your own. The group also provides paper products for meals to make clean-up easier. We keep a large water cooler in camp but we all provide our own mugs! Oh, I almost forgot, a few nights there will be cobbler!

I will be posting the sign-up list for the meal plan to the Calanais Facebook group. If we don't have enough people to cover all the breakfasts and suppers, there is a Food Court at Lilies.

As for signing up to camp with Calanais, I will need to know the size of your setup, tent plus ropes, and what dates you will be attending. There is technically no reserved camping spots at Lilies but if we know you plan to camp with us we will do our best to save you space! It is not

necessary to have a period tent either; modern camping gear is fine. After you've gated in you can drive to our camp, unload, and then move your vehicle to the parking lot.

Now some general Lilies information. The location is Kelsey Short Youth Camp at Smithville Lake north of Kansas City. The Lilies website, lilieswar.org, has most of the info one needs to attend, but I'll offer some insider tips and tricks we've learned over the years.

First and foremost it will be hot, so plan accordingly! Staying hydrated is one of the most important things to do to stay safe. "When's the last time you peed?" is a perfectly acceptable question you might get asked at Lilies! Using sunscreen, wearing a straw hat or light weight hood and pacing your activities are essential. Light weight linen or cotton garb will help you stay cool and soaking your feet in cool water can bring your temp down amazingly! Heat related injuries are all too common at Lilies so be on your guard.



Google Maps view of the Lilies War site, with Calanais Nuadh camp areas and recommended route marked. Locations subject to availability. Imagery © 2024 Airbus, Maxar Technologies. Map Data © 2024 Google.

Next, the camp area is composed of rolling grassy hills and wooded tree lines. There will be wildlife and there will be bugs! Lots of them! A good bug spray with Deet is excellent at preventing bites. Ticks are particularly tricky and it's a good idea to do a tick check daily. The woods will have poison ivy but if you stick to the roads and paths it usually isn't a problem.

It would be nice if we could totally immerse ourselves in the medieval vibe but most of us will need to stay connected to our phones at least occasionally and some of us rely on medical devices that will need charging. As far as things like mobility devices and CPAP batteries there is a charging station set up at the Gate tent. If there are open outlets, charging of personal phones is allowed but just know that you could be unplugged if the outlet is needed. The better plan is to invest in a solar charger for your phone.

Good hygiene is a must to ward off rashes and keep minor cuts and scratches clean. There is a shower house on site with occasionally warmish water that works quite well especially on very hot days when cool water is a boon! Lilies campers also have access to hot showers a little drive away at the nearby RV camp. Many, many

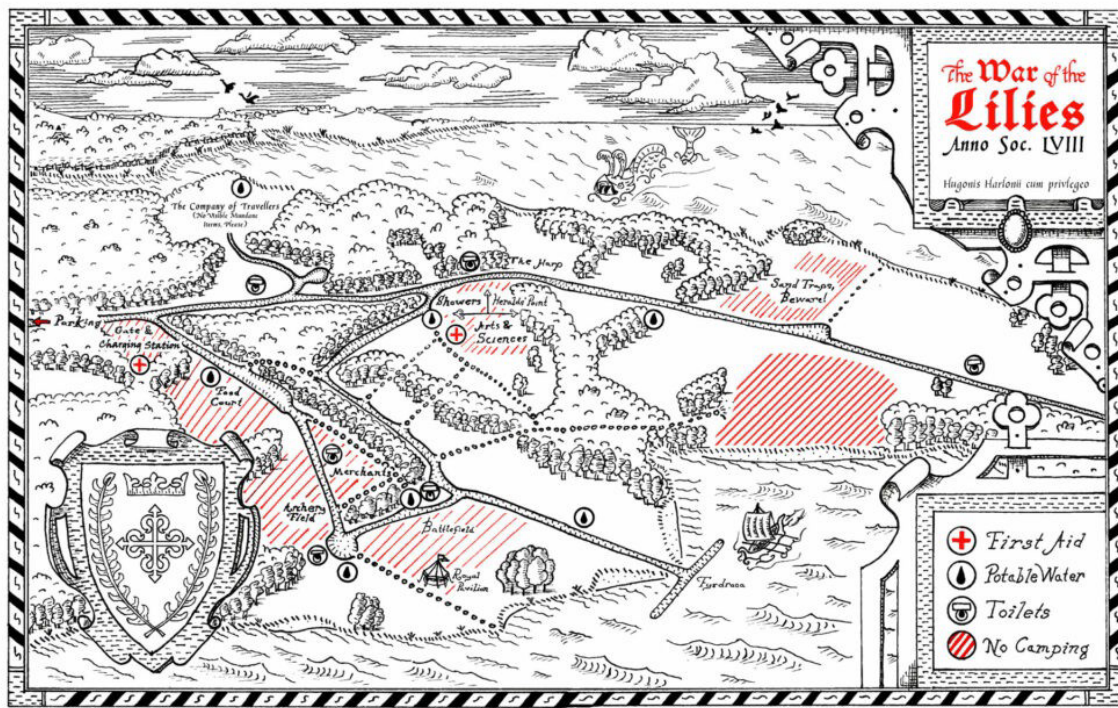
port-a-johns are also placed strategically around the site, so you are never very far from one.

The Lilies site is quite large so expect to do a lot of walking. A pair of very comfortable walking shoes is a must whether they be period, sandals or tennis shoes. Safe walking is more important than fashion. One recent innovation to Lilies has been the Chariots, golf carts that run a route around site and can provide a ride to the weary traveler.

The Lilies website can inform you about classes, tournaments, Courts etc. but there are a couple of things I would recommend. First is Calontir's own Viking Longboat, the Fyrdraca! It is quite an experience to ride and row it. Just listen for the horn and hurry to the point to get your chance. The other epic experience is the Friday night Fireworks that happen this year on June 14th. The Barony of 3 Rivers hosts a party by the swimming beach, and then we all settle in to view a fireworks display that would rival any small town's!

With so many activities to choose from it can be a little overwhelming, so my suggestion to newcomers is to pick a few things that you are interested in but leave plenty of time for relaxing and communing with your fellow campers.

Remember, this is your vacation after all!



Hand-drawn map of last year's Lilies War, from lilieswar.org.

Around the Kingdom and the Known World

Events nearby with our neighbors in the Kingdom of Calontir, and marvellous means of connecting with SCA fellows near and far:

Online Classes & Events

**European contact in Canada
with Indigenous Tribes,**
Thursday, June 20th, 6 pm

Taught by Noble Walks Upon Scorched Earth, discussing the early contact with Indigenous Tribes on the coasts of Canada and inland. Hosted by Calontir's Royal University of Scir Hafoc (RUSH). For more information, see Calontir's Virtual Arts & Sciences calendar: calontir.org/arts-sciences/virtual-classes/

Within a Fair Day's Ride

Lilies War
June 7th – 16th, Smithville, MO

It's time again for Calontir's great annual war! Archery, Armored Combat, Cut & Thrust Combat, Arts & Science, Youth Activities, Classes, the First Annual Known World BBQ Competition, and much more! For more information, visit lilieswar.org, and see our own handy Beginner's Guide on page 5.

CalonCon
Saturday, June 29th, details to be announced
All officers' annual meetings, online or in person. For updated information, visit the Calontir Kingdom Calendar (see below).

**For more events, visit the Calontir
Kingdom Calendar: calontir.org/events.**

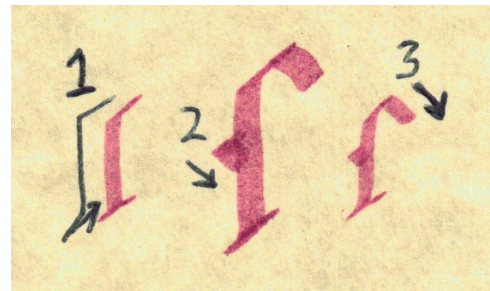
Recipe of the Month: Roman Milk-Fed Snails

From Apicius: Cookery and Dining in Imperial Rome, translated by Joseph Dommers Vehling

“Take snails and sponge them; pull them out of the shells by the membrane and place them for a day in a vessel with milk and salt (just enough so they do not drown). Renew the milk daily. Hourly clean the snails of all refuse, and when they are so fat that they can no longer retire [to their shells], fry them in oil and serve them with wine sauce. In a similar way they may be fed on a milk porridge.”

(Chronicler's note: if you bring this to a potluck, I promise I will try it!)

This Moon brought to you by the letter...



Believe it or not, that's an “s.” Yes, lower-case “s”es looked like “f”s for centuries before they evolved into the squiggles we know and love. This one is in the early gothic style, after an example from 13th century Germany.

'Til the next Moon, Hildegard, Chronicler

Credits and Rights

The Dancing Moon, June 2024

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